

# THE BIG MEET6: Healthy Places

19 October 2016

Hosted at **UCL**, organised with the help and support of **Debbie Sorkin** and **Sue James**

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## CHAIRS, SPEAKERS AND PANELLISTS BIO

### Morning Session

#### **Matthew Carmona**

*Professor of Planning & Urban Design at UCL's Bartlett School of Planning and Chair of the Place Alliance*

Matthew's research has focused on urban design, processes of design governance and on the design and management of public space. He was educated at the University of Nottingham and is a chartered architect and planner. He chairs the Place Alliance which brings together organisations and individuals who share a belief that the quality of the built environment has a profound influence on people's lives.

He was Specialist Advisor to the House of Lords Select Committee on National Policy for the Built Environment and in 2015 won the RTPI Academic Award for Research Excellence.

#### **Debbie Sorkin**

*National Director of Systems Leadership at the Leadership Centre*

The Leadership Centre is a charity based in the Local Government Association. The Leadership Centre has experience in strengthening place-based leadership amongst people working in complex situations for over a decade long. Systems Leadership is about how you lead across boundaries, and Debbie leads a national programme, backed by the NHS, public health, social care, housing and local and national government, that supports leaders confronted with challenging issues around health and care integration, service transformation, and improving the health of local populations. The programme reaches over 60 places all around the country, with Debbie's work stretching both locally and nationally.

Before starting at the Leadership Centre, Debbie was Chief Executive at the National Skills Academy for Social Care, which she led to becoming the largest membership body in social care. As part of its work, the Skills Academy produced the Leadership Qualities Framework for Adult Social Care, the first Leadership Strategy for the sector and a leadership support programme for Registered Managers, the first of its kind in England.

Debbie writes regularly on leadership issues and speaks at many public and sector events on Systems Leadership. She also has extensive non-executive experience in leadership as a Board member in social care charities and housing associations. Debbie joined the QCS Quality and Compliance Panel in 2016.

#### **Dr Jessica Allen**

*Deputy Director of the Institute of Health Equity*

Jessica main activities are working to embed a social determinants approach to health inequalities in England and globally. She was co-director of the Review of Social Determinants of Health and the Health Divide in the WHO European Region and was previously Project Director of the Strategic Review of Health Inequalities in England post-2010 (the Marmot Review). She has worked closely with national and local governments, third sector organisations and the NHS and published widely on social determinants of health.

Prior to her work at UCL she was head of Health and Social Care at IPPR, Research Fellow in Public Health at the King's Fund, and worked at Unicef and the LSE. She has published and broadcast widely on issues relating to health and social care policy, and holds a doctorate from the University of London.

### **Professor Rhiannon Corcoran**

*Professor of Psychology and Academic Director of the Heseltine Institute for Public Policy and Practice at the University of Liverpool, UK.*

Rhiannon has researched the psychology of mental health and wellbeing for nearly 30 years and is particularly interested in the relationship between community, place and mental wellbeing.

She directs the Community Wellbeing evidence programme of the UK's What Works Centre for Wellbeing as well as her own Prosocial Place research and knowledge exchange programme.

She sits on the Government's Advisory Committee on Community Engagement for the National Estates Regeneration Strategy and the Liverpool City Region Social Economy Panel. She is on the Board of the International Self Care Foundation and was amongst those inputting to the UN Habitat III topic of building mental health into cities. Believing that the cities of the future need to be developed and managed with social sustainability and community well-being in mind,

Rhiannon uses cross disciplinary approaches to understand how to make our city's better for us.

### **Professor Sarah Wigglesworth**

*Professor of Architecture at the University of Sheffield*

Her research interests lie in the boundary between theory and practice, and in exploring sustainable environments. In 2000 she established the School's PhD by Design to ensure design is recognised as a genuine research activity.

She is the director of London-based Sarah Wigglesworth Architects, a practice pioneering new approaches to building using low energy principles that has won many awards for its work. She received an MBE for services to architecture in 2003 and was granted status as Royal Designer for Industry (RDI) in 2012.

### **Rod King MBE**

*Founder and Campaign Director, 20's Plenty for Us*

Rod King started to campaign for lower speed limits in Warrington in 2004 after visiting its twin town of Hilden in Germany. In the early 1990's Hilden set a 30km/h (18.5mph) limit for most roads as the foundation of their walking and cycling strategy. After developing an understanding of the issues and UK guidance he set up 20's Plenty for Us in 2007 in order to assist others in community which wanted lower speeds and speed limits. With a focus on the single issue of campaigning for 20mph limits for most roads across a complete local authority, 20's Plenty for Us now has 300+ local campaigns. It has been influential in government and transport thinking and guidance on the use and benefits of 20mph limits.

Rod has also engaged with many of the local authorities implementing wide-area 20mph limits which now include the majority of the largest 40 urban authorities and 75% of Inner London Boroughs. He has spoken at transport, active travel, road safety and public health conferences around Europe and also the United States and Brazil. In June 2013 Rod was awarded an MBE for Services to Road Safety in the Queen's Birthday Honours.

## Afternoon Session

### **Nick Grayson**

*Climate Change and Sustainability Manager, Birmingham City Council, UK; and Senior Research Fellow, (Natural Capital) University of Birmingham*

Nick has 35 years' experience in Birmingham, holding many posts over that time across the municipality. Currently Nick leads on Green Infrastructure, Climate Change Adaptation and Natural Capital, for the City. He has led on several European research programmes including EU-Project URGE- devising a draft European policy for urban green space; EU-Cities-Adapt, involving 21 cities across Europe on multi- governance adaptation assessment. Birmingham is the only UK city to be invited to join the global Biophilic Cities Network, a sharing platform for 11 aspirational green cities.

Nick is currently on a research programme called Liveable Cities (EPSRC) - transforming the engineering of cities for global and societal wellbeing. Through his participation in the National Ecosystem Assessment Follow-On project, a partnership has devised a Natural Capital Planning Tool, now being trialled nationally, sponsored by The Natural Environment Research Council.

### **Dr Daniel Masterson**

*Health Psychologist and Senior Researcher at Staffordshire University*

Daniel combines this with working across public health and planning as Healthy Urban Planning Officer at Stoke-on-Trent City Council Planning Department, where he ensures that health is a routine consideration in planning policy and decision-making. Alongside this, he leads research that contributes new knowledge in relation to healthy urban planning to develop best practice and contribute to the broader evidence base.

With a background within Health Psychology and Social Psychology, Dr Masterson has worked on a diverse range of projects addressing public health, exercise and physical activity, the impact of the natural environment on health and healthy urban planning.

### **Matt Bell**

*Head of External Affairs, Berkeley Group*

Matt joined the Berkeley Group in April 2011. His role is to advise the executive board on corporate reputation, housing policy, and social impact. He has led Berkeley's work to increase and to measure people's wellbeing in the places they build. This job follows seven years as the director of policy and campaigns at CABE, where he worked across Government to improve the quality of housing, schools, and public space.

Previously he has been the Chairman of an international NGO, Hope and Homes for Children, which gets young people out of state institutions across Eastern Europe and Africa; the Communications Director of VSO (Voluntary Service Overseas); and worked on community development programmes in Bolivia and Thailand. He is currently a board member of Leap, a charity supporting young people to deal with conflict and violence across the UK.

## **Rupert Bentley Walls**

*Barcham Trees and Trees and Design Action Group*

Rupert worked professionally in arboriculture, forestry and landscape since 1984 in private, charitable and public sector areas. A native of Suffolk, where his love for trees began, he migrated to London following a climbing accident and has lived there until earlier this year when he moved back to his homeland. While in London, he managed for over 10 years Hackney's tree resource, as Senior Arboricultural Officer of the Borough, also playing an active role in the London Tree Officer Association.

Since leaving the L. B. of Hackney, he works part time as a sales executive for Barcham Trees nursery, the largest containerised tree nursery in Europe. Rupert is qualified in forestry (1984 Lincoln), arboriculture and horticulture (1986 and 1987 Merrist Wood). He was part of the drafting panel for the new British Standard BS 8545:2014 Trees: from nursery to independence in the landscape. His passion is planting and establishing trees in order to enhance the urban landscape, encourage community interaction and improve environmental conditions.

## **Bruce McVean**

*Principal Strategy Planner, Transport for London*

Bruce works on policy and strategy development for walking and place at Transport for London. Previous roles include Integrated Design Manager at Beyond Green, Founder of Movement for Liveable London and Senior Policy Advisor at the Commission for Architecture and the Built Environment (CABE). Bruce is a Trustee of Living Streets – the UK charity for everyday walking – and recently contributed a chapter to The Routledge Handbook of Planning for Health and Well-Being.

## **Dr Ann Marie Connolly**

*Director of Health Equity and Impact, Public Health England*

Originally trained as a GP, Dr Ann Marie Connolly has been working in public health for the past 25 years. Over her career she has held a variety of posts both within and outside of the UK. These include working for WHO EURO on Healthy Cities across Europe, research on HIV with the Medical Research Council of South Africa and embedding public health in the curriculum of a new medical school in Ireland.

She spent ten years as Director of Public Health in two London boroughs. She is now Deputy Director of Health and Wellbeing at PHE, with remit for Health Equity, Mental Health and Healthy Places. She established the Healthy Places programme at the inception of PHE in 2013 to support actions on some of the wider physical determinants of health for the new public health system.